

# Pharmacy Program Updates: Quarterly Pharmacy Changes Effective January 1, 2017 and April 1, 2017

#### **DRUG LIST (FORMULARY) CHANGES**

Based on the availability of new prescription medications and the Prime's National Pharmacy and Therapeutics Committee's review of changes in the pharmaceuticals market, some additions, revisions (drugs still covered but moved to a higher out-of-pocket payment level) and/or exclusions were made to the BCBSMT drug lists, effective January 1, 2017 and April 1, 2017.

#### Drug List Updates (Coverage Additions) – As of April 1, 2017

Preferred Brand <sup>1</sup>	Drug Class/Condition Used For
Basic (formerly known as Standard) Drug List	
Invokamet XR	Diabetes
Soolantra	Topical/Rosacea
Enhanced (formerly known	as Generics Plus) Drug List
Soolantra	Topical/Rosacea
Performan	ce Drug List
Amlodipine Besylate/Atorvastatin Calcium 10-10	High Blood Pressure
mg, 10-20 mg, 10-40 mg, 10-80 mg, 2.5-10 mg,	
2.5-20 mg, 2.5-40 mg, 5-10 mg, 5-20 mg, 5-40	
mg, 5-80 mg	
Clindamycin/Benzoyl Peroxide 1-5% gel	Acne
Clindamycin Phosphate 1% gel	Topical Anti-infective
Enstilar	Topical Steroid
Fenofibrate 40 mg, 120 mg tablet	High Cholesterol
Fenofibrate Micronized 200 mg capsule	High Cholesterol
Gatifloxacin 0.5 % opthalmic solution	Opthalmic Anti-infective
Hydrocodone Bitartrate/Acetaminophen 10-325	Pain
mg/15 mL solution	
Invokamet XR	Diabetes
Pramipexole Dihydrochloride ER 3.75 mg	Parkinson's Disease
Rayaldee	Hyperparathyroidism
Renvela	Kidney Disease
Rubraca	Oncology
Soolantra	Topical/Rosacea
Tretinoin 0.05% cream	Acne
Triamcinolone Acetonide 0.5% ointment	Topical Steroid
Performance Select Drug List	
Acanya	Acne
Amlodipine Besylate/Atorvastatin Calcium 10-10	High Blood Pressure
mg, 10-20 mg, 10-40 mg, 10-80 mg, 2.5-10 mg,	
2.5-20 mg, 2.5-40 mg, 5-10 mg, 5-20 mg, 5-40	
mg, 5-80 mg	
Belviq XR	Weight Loss
Bromsite	Opthalmic NSAID
Clindamycin/Benzoyl Peroxide 1-5% gel	Acne

Clindamycin Phosphate 1% gel	Topical Anti-infective
Edarbi	High Blood Pressure
Edarbyclor	High Blood Pressure
Enstilar	Topical Steroid
Fenofibrate 40 mg, 120 mg tablet	High Cholesterol
Fenofibrate Micronized 200 mg capsule	High Cholesterol
Gatifloxacin 0.5 % opthalmic solution	Opthalmic Anti-infective
Hydrocodone Bitartrate/Acetaminophen 10-325 mg/15 mL solution	Pain
Invokamet XR	Diabetes
Lomaira	Weight Loss
Metronidazole topical cream, gel and lotion	Topical Anti-infective
(0.75%)	
Onexton	Acne
Pramipexole Dihydrochloride ER 3.75 mg	Parkinson's Disease
Rayaldee	Hyperparathyroidism
Rubraca	Oncology
Silenor	Insomnia
Soolantra	Topical/Rosacea
Taclonex	Topical Steroid
Tretinoin 0.05% cream	Acne
Triamcinolone Acetonide 0.5% ointment	Topical Steroid

## Drug List Updates (Revisions/Exclusions) – As of April 1, 2017

Non-Preferred Brand <sup>1</sup>	Drug Class/Condition Used For	Generic Preferred Alternative(s) <sup>2</sup>	Preferred Brand Alternative(s) <sup>1,2</sup>	
Bas	sic (formerly known as St	andard) Drug List Revisi	ons	
Daklinza	Hepatitis C	N/A	Harvoni, Epclusa, Sovaldi	
	Performance Drug List Exclusions			
Daklinza	Hepatitis C	N/A	N/A	
Sitavig	Antiviral	N/A	N/A	
Performance Select Drug List Exclusions				
Sitavig	Antiviral	N/A	N/A	

# Drug List Updates (Coverage Additions) – As of January 1, 2017

Preferred Brand <sup>1</sup>	Drug Class/Condition Used For	
Basic (formerly known as Standard) Drug List		
Aubagio	Multiple Sclerosis	
Avonex	Multiple Sclerosis	
Axiron	Low Testosterone	
Descovy	Antivirals/HIV	
Epclusa	Hepatitis C	
Genvoya	Antivirals/HIV	
Odefsey	Antivirals/HIV	
Otezla	Psoriasis/Psoriatic Arthritis	
Stiolto Respimat	COPD, Emphysema	
Vonvendi	Hemophilia	

Enhanced (formerly known as Generics Plus) Drug List		
Aubagio	Multiple Sclerosis	
Avonex	Multiple Sclerosis	
Axiron	Low Testosterone	
Descovy	Antivirals/HIV	
Epclusa	Hepatitis C	
Genvoya	Antivirals/HIV	
Odefsey	Antivirals/HIV	
Otezla	Psoriasis/Psoriatic Arthritis	
Stiolto Respimat	COPD, Emphysema	
Vonvendi	Hemophilia	
Xarelto	DVT, Stroke, Embolism Prophylaxis	

# Drug List Updates (Revisions/Exclusions) – As of January 1, 2017

Non-Preferred Brand <sup>1</sup>	Drug Class/Condition Used For	Generic Preferred Alternative(s) <sup>2</sup>	Preferred Brand Alternative(s) <sup>1,2</sup>
Bas	sic (formerly known as St	andard) Drug List Revisi	ons
Androderm 2 mg/24hr, 4 mg/24hr	Low Testosterone	Testosterone	Axiron
Enhance	ed (formerly known as Ge	enerics Plus) Drug List R	evisions
Androderm 2 mg/24hr, 4 mg/24hr	Low Testosterone	Testosterone	Axiron
Cuprimine	Wilson's Disease, Cystinuria	N/A	Depen
Roche Accu-Chek Active, Aviva, Aviva Plus, Compact, Smartview, Roche Accutrend	Diabetic Supplies	N/A	Bayer Ascensia Autodisc, Breeze2, Contour, ContourNext

DISPENSING LIMIT CHANGES The BCBSMT prescription drug benefit program includes coverage limits on certain medications and drug categories. Dispensing limits are based on U.S. Food and Drug Administration (FDA) approved dosage regimens and product labeling.

#### Effective April 1, 2017:

Drug Class and Medication(s) <sup>1</sup>	Dispensing Limit(s)	
Basic (formerly known as Standard) and Performance Drug List Changes		
Misc		
Diclegis	120 tablets per 30 days	
Rayaldee	60 grams per 180 days	
PCSK9		
Repatha 140 syringe	2 per 28 days	
Repatha 140 autoinjector	2 per 28 days	
Selective Serotonin Inverse Agonist (SSIA)		
Nuplazid	60 tablets per 30 days	
Therapeutic Alternatives		
Doxepin 5% cream	45 grams per 180 days	

levorphanol	120 tablets per 30 days	
Vanatol LQ	1000 mLs per 30 days	
Vanos	60 grams per 180 days	
Enhanced (formerly k	known as Generics Plus) Drug List Changes	
Therapeutic Alternatives		
Doxepin 5% cream	45 grams per 180 days	
Performa	ance Select Drug List Changes	
PCSK9		
Repatha 140 syringe	2 per 28 days	
Repatha 140 autoinjector	2 per 28 days	
Selective Serotonin Inverse Agonist (SSIA)		
Nuplazid	60 tablets per 30 days	

# Effective January 1, 2017:

Drug Class and Medication(s) <sup>1</sup>	Dispensing Limit(s)	
Basic (formerly known as Standard) Drug List and Enhanced (formerly known as Generics Plus		
Drug List Changes		
Actinic Keratosis (Diclofenac/Fluorouracil/Imiquimod/Ingenol)		
Carac/Fluorouracil	30 grams per 180 days	
Efudex cream	240 grams per 180 days	
Fluoroplex	60 grams per 180 days	
Solaraze Gel	300 grams per 180 days	
Tolak	40 grams per 180 days	
Antifungal (Onychomycosis)		
Jublia	4 mLs per 30 days	
Kerydin	4 mLs per 30 days	
Onmel	30 tablets per 30 days	
Penlac	6.6 mLs per 30 days	
Sporanox 100 mg	120 capsules per 30 days	
Sporanox Oral Solution	1200 mLs per 30 days	
Buprenorphine, Buprenorphine-Naloxone		
Suboxone 4/1	30 films per 30 days	
Zubsolv 2.9/7.1, 5.7/1.4, 11.4/2.9	30 tablets per 30 days	
Fluocinonide		
Vanos	120 grams per 180 days	
Irritable Bowel Syndrome with Diarrhea		
Lotronex 0.5 mg, 1 mg	60 tablets per 30 days	
Northera		
Northera 100 mg	450 tablets per 30 days	
Northera 200 mg, 300 mg	180 tablets per 30 days	
Opioid Antidote		
Evzio	1 box (2 injectors) per 90 days	
Pain		
Xartemis QL	120 tablets per 30 days	
Rayos	· · ·	
Rayos 1 mg, 2 mg, 5 mg	30 tablets per 30 days	
Therapeutic Alternatives		
Absorica	60 capsules per 30 days	
Amrix	30 capsules per 30 days	

Ativan 0.5 mg	30 tablets per 30 days
Ativan 1 mg, 2 mg	150 tablets per 30 days
Вирар	180 tablets per 30 days
Cambia	9 packets per 30 days
Cardizem CD	30 capsules per 30 days
Cuprimine	480 capsules per 30 days
Daraprim	73 per 28 days
Dexpak 6 day	21 tablets per 90 days
Dexpak 10 day	35 tablets per 90 days
Dexpak 13 day	51 tablets per 90 days
Durlaza	30 capsules per 30 days
Fortamet 500 mg	150 tablets per 30 days
Fortamet 1000 mg	60 tablets per 30 days
Glumetza 500 mg, 1000 mg	120 tablets per 30 days
Pandel	80 grams per 90 days
Primlev 5/300	360 tablets per 30 days
Primlev 7.5/300	240 tablets per 30 days
Primlev 10/300	180 tablets per 30 days
Sitavig	2 tablets per 180 days
Spritam 250 mg, 500 mg, 1000 mg	60 tablets per 30 days
Spritam 750mg	120 tablets per 30 days
Vivlodex	30 capsules per 30 days
Zyflo	120 tablets per 30 days
Zyflo CR	120 tablets per 30 days

#### **UTILIZATION MANAGEMENT PROGRAM CHANGES**

- Effective April 1, 2017, the following changes were applied:
  - The Cox-2/NSAID-GI Protectant Step Therapy (ST) program changed its name to: Combination GI Protectant. All targeted medications and program criteria effective January 1, 2017 remains the same.
  - Several drug categories and/or targeted medications were added to the current Prior Authorization (PA) and ST programs for standard pharmacy benefit plans. As a reminder, please review your patient's drug list for the indicator listed in the Prior Authorization or Step Therapy column, as not all programs may apply.

#### Drug categories added to current pharmacy PA standard programs, effective April 1, 2017

Drug Category	Targeted Medication(s) <sup>1</sup>	
Basic (Standard), Performance and Performance Select Drug Lists		
Regranex	Regranex	
Selective Serotonin Inverse Agonist (SSIA)	Nuplazid	
Strensiq	Strensiq	

### Targeted drugs added to current pharmacy PA standard programs, effective April 1, 2017

Drug Category	Targeted Medication(s) <sup>1</sup>	
Basic (Standard) and Performance Drug Lists		
Therapeutic Alternatives Doxepin cream, levorphanol, Vanatol Vanos		

#### Drug categories added to current pharmacy ST standard programs, effective April 1, 2017<sup>3</sup>

Drug Category	Targeted Medication(s) <sup>1</sup>	
Basic (Standard) and Performance Drug Lists		
Gabapentin ER	Gralise, Horizant	
Insulin Combination Agents	Soliqua, Xultophy	
Methotrexate Injectable	Otrexup, Rasuvo	
Performance Select Drug List		
Gabapentin ER	Gralise, Horizant	
Insulin Combination Agents	Soliqua, Xultophy	

- Effective February 15, 2017, the Opioid Dependence PA program was discontinued.
- Effective January 1, 2017, the following changes were applied:
  - The Cox-2/NSAID-GI Protectant ST program removed the target drug Celebrex from the program. Grandfathering was also removed from the program criteria. Members on a current drug regimen are included in program participation.
  - The Biologic Immunomodulators ST program became a standard PA program. Members on a current drug regimen were grandfathered from participation. Additionally, the target drug Otezla from the old ST program became an independent standard PA program. Members with a recent prescription history for this medication are also grandfathered from participation.
  - Several drug categories were removed from the Therapeutic Alternatives standard PA program and separated into independent standard PA programs:
    - Antifungal-Onychomycosis Agents (2016 drug targets Onmel, Sporanox)
    - Topical Lidocaine (2016 drug targets lidocaine ointment, Lidoderm)
    - Northera (2016 drug target Northera)
    - Opioid Antidote (2016 drug target Evzio)
    - Rayos (2016 drug target Rayos)
  - PA and ST programs for standard pharmacy benefit plans correlate to the member's drug list and not all standard programs may apply. Be sure to review your patient's drug list for the indicator listed in the Prior Authorization or Step Therapy column.
  - Several drug categories and/or targeted medications were added to the current PA and ST programs for standard pharmacy benefit plans.

#### Drug categories added to current pharmacy PA standard programs, effective January 1, 2017

Drug Category	Targeted Medication(s) <sup>1</sup>
Basic (Standard), Enhanced (Generics Plus) and Performance Drug Lists	
Actinic Keratosis	Aldara, Carac/Fluorouracil (2016 target in Therapeutic Alternatives PA), Efudex, Fluoroplex, Picato, Solaraze/generic diclofenac gel (2016 target in Therapeutic Alternatives PA), Tolak, Zyclara

• Effective October 1, 2016, the Ocaliva PA program was added for standard pharmacy benefit plans. This program includes the target drug Ocaliva.

Targeted mailings were sent to members affected by basic drug list deletions, dispensing limit, prior authorization and the GI Protectant step therapy program changes per our usual process of member notification prior to implementation. For the most up-to-date drug list and list of drug dispensing limits, visit the Pharmacy Program section of our website at <u>bcbsmt.com/provider</u>.

<sup>1</sup>Third party brand names are the property of their respective owners

<sup>2</sup>These lists are not all inclusive. Other medications may be available in this drug class.

<sup>3</sup>Members on a current drug regimen will be grandfathered from participation in the ST program.

Prime Therapeutics LLC is a pharmacy benefit management company. BCBSMT contracts with Prime to provide pharmacy benefit management, prescription home delivery and specialty pharmacy services. BCBSMT, as well as several independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime.

The information mentioned here is for informational purposes only and is not a substitute for the independent medical judgment of a physician. Physicians are to exercise their own medical judgment. Pharmacy benefits and limits are subject to the terms set forth in the member's certificate of coverage which may vary from the limits set forth above. The listing of any particular drug or classification of drugs is not a guarantee of benefits. Members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any medication is between the member and their health care provider.