



# Diabetes Education Classes

Join a registered dietitian and in-store pharmacist on this exclusive FREE tour just for Blue Cross and Blue Shield members!

It's all part of our Living365<sup>SM</sup> program!

## Diabetes Education Classes - Dates & Times



All classes start in the Produce Department.

### Saturday, November 4

10:00 a.m. - 11:30 a.m.  
Safeway  
1735 W. Main Street  
Bozeman, MT 59715

### Thursday, November 9

6:00 p.m. - 7:30 p.m.  
Albertsons  
2230 N. Reserve Street  
Missoula, MT 59808

### Saturday, November 11

10:00 a.m. - 11:30 a.m.  
Albertsons  
2250 10th Avenue S  
Great Falls, MT 59405

### Saturday, November 11

10:00 a.m. - 11:30 a.m.  
Safeway  
611 North Montana Street  
Helena, MT 59601

### Saturday, December 2

10:00 a.m. - 11:30 a.m.  
Albertsons  
511 Central  
Billings, MT 59102

**Reserve your spot TODAY!** Call 877-728-6655 Monday through Friday from 9:00 a.m. – 6:30 p.m., local time.

If the class is cancelled for any reason, you will be notified by phone.



Our Living365 program offers disease education classes, online resources and printed materials to help you better understand diabetes.

The goal of Living365 is to help you live in good health.

If you have other questions or concerns, please call the number on the back of your member ID card.

Albertsons Osco and Safeway are independently contracted pharmacies solely responsible for the products and services they provide.

Blue Cross and Blue Shield of Montana, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

Blue Cross and Blue Shield of Montana complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

**ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-774-8592 (TTY: 711).

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-877-774-8592 (TTY: 711).